

Banana Pudding Recipe

1 Box Vanilla Wafers

5-6 Bananas

3 ½ oz Instant Pudding

2 Cups 2% Milk

Mix and leave for 5 minutes

13 ½ oz Cool Whip

8 oz or a little more fat free Sour Cream

Mix together with pudding.

Slice bananas and sprinkle with Fruit Fresh to keep them from turning brown.

In a large dish, put a layer of vanilla wafers, then a layer of bananas, then a layer of pudding. Keep adding layers ending with the pudding. Crumble some wafers to sprinkle on top.

From the kitchen of Nicole Summers